



Of Seeds and Flowers

Volume 41 Issue 9 - Founded in 1982

September 2023

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GOD MADE ME... AND GOD DOESN'T MAKE JUNK!

When you go to sleep tonight, someone (especially God) is thinking about YOU!
God is a waterwheel of love for YOU! His love keeps coming and coming and coming!

*"I have loved you with an everlasting love and so I am **CONSTANT IN MY AFFECTION FOR YOU.**"* (Jeremiah 3). Imagine the softness and emotion of AFFECTION. I am GREAT beyond belief, and I am a LITTLE DOT in the universe. What a wonderful tension!



**Sometimes even
a rose needs to
be reminded of
its beauty!**

The following are a few Scriptures compiled by a very dear friend, Father Ray Introigne, from the Diocese of Norwich, Ct. Thank you, Ray! Fr. Ray's original list fills 2 sides of an 8 X 10 sheet of paper. As Father Ray WISELY says, PLACE YOUR FIRST NAME before each of the Scriptures and KNOW and EXPERIENCE God's love for YOU.



"Before I formed you in the womb, I knew you!!" (Jeremiah 1:5.)
"You are precious and glorious in my eyes, and I love YOU. (Isaiah 43 4)



"Can a mother forget her infant, be without tenderness for the child of her womb? Even should she forget, I will NEVER forget YOU." (Isaiah 49:15)



"Truly you have formed my inmost being, you knit me in my mother's womb. I give you thanks that I am wonderfully made." (Psalm 139 13-14)



"As for YOU every hair of YOUR HEAD has been counted: so, do not be afraid of ANYTHING." (Mt. 10:30-31)
"God is love. He/ she who abides in love abides in God and God in him/her." (1 John)



"It is I. do not be afraid."
(Mark 6:50) **"Do not be afraid"**
Most used line in the Bible - 365 times!!!



"Which of you by worrying can add a moment to your life span?" (Luke 12:25)
STOP WORRYING!!



"Yes, God so loved the world that He gave up His ONLY Son, that WHOEVER BELIEVES IN Him may not die but may have eternal life."
(John 3:1) Whoever = YOU! WOW, What a deal!!!



"See what love the Father has bestowed on us in letting us be called children of God! Yet that is what we are." (1 John 3)

"We are truly His handiwork, created in Christ Jesus to lead a life of good deeds which God prepared for us in advance." (Eph. 2:10) HE is the potter. WE are clay!

*"Oh God, help me to believe the truth about myself, no matter how beautiful it is."
~ Sr. Macrina Wiederkehr*



YOU are loved! Over and over, God speaks of YOUR BEAUTY, GOODNESS AND CHOSENNESS. STOP fighting it. Why go down when you can go UP? GOD MADE ME AND GOD DOESN'T MAKE JUNK! Say it! Over and over!! Believe it! SWIM in it! ROLL in it! It is the truth about YOU! DANCE! GOD MADE ME AND GOD DOESN'T MAKE JUNK!!!!

A DROP OF RAIN... A BIT OF SUN.

A group of professional people posed this question to a group of 4- to 8-year-olds, "What does love mean?" The answers they got were broader and deeper than anyone could have imagined. See what you think:

Rebecca - age 8 "When my grandmother got arthritis, she couldn't bend over and paint her toenails anymore. So, my grandfather does it for her all the time, even when his hands got arthritis too. That's love."

Billy - age 4 "When someone loves you, the way they say your name is different. You just know that your name is safe in their mouth."

Karl - age 5 "Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other."

Chrissy - age 6 "Love is when you go out to eat and give somebody most of your French fries without making them give you any of theirs."

Terri - age 4 "Love is what makes you smile when you're tired."

Danny - age 7 "Love is when my mommy makes hot chocolate for my daddy and she takes a sip before giving it to him, to make sure the taste is OK."

Nikka - age 6 "Love is what's in the room with you at Christmas if you stop opening presents and listen."

Bobby - age 7 "If you want to learn to love better, you should start with a friend who you hate."

Noelle - age 7 "Love is when you tell a guy you like his shirt, then he wears it every day."

Tommy - age 6 "Love is like a little old woman and a little old man who are still friends even after they know each other so well."

Cindy - age 8 "During my piano recital, I was on a stage and I was scared. I looked at all the people watching me and saw my daddy waving and smiling. He was the only one doing that. I wasn't scared anymore."

Clare - age 6 "My mommy loves me more than anybody. You don't see anyone else kissing me to sleep at night." "Love is when mommy gives daddy the best piece of chicken."

Elaine - age 5 "Love is when mommy sees daddy smelly and sweaty and still says he is handsomer than ever."

Chris - age 7 "I know my older sister loves me because she gives me all her old clothes and has to go out and buy new ones."

Lauren - age 4 "When you love somebody, your eyelashes go up and down and little stars come out of you."

Karen - age 7 "You really shouldn't say 'I love you' unless you mean it. But if you mean it, you should say it a lot. People forget."

Author and lecturer Leo Buscaglia talked about a contest he was once asked to judge. The purpose of the contest was to find the most caring child. He said the winner was a four-year-old child whose next-door neighbor was an elderly gentleman who had recently lost his wife. Upon seeing the man cry, 'the little boy

went into the old gentleman's yard, climbed onto his lap, and just sat there. When his Mother asked what he had said to the neighbor, the little boy said, "Nothing, I just helped him cry."



Therapy offers explanations: religion offers forgiveness. Both may be necessary, but one is not the other. We can't imagine a love that is not evoked, pulled out, demanded by some object worthy of our love. -so we scrub ourselves up, making ourselves as attractive as possible so we can force others to love us. She's

pretty. He's nice. **"We've had a hundred years of therapy and the world is worse."** James Hillman, Jungian Psychologist. **"If one is not loved and caressed, one develops thorns."**

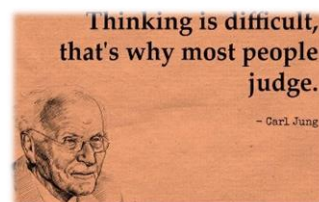


We all need 8 hugs a day. -One for survival. Four for maintenance and eight to grow on. Be a huaaer and a huabee.



VISION AND REALITY

"The current assault on the unborn and children is unlike any in history. We see it in the opposition to the natural and divine understanding of marriage, gender, children, sex, parenting etc. Out of 195 countries abortion is legal in all but 5. With the support of governments 56 million babies are killed each year.



CAN YOU NAME ANY WAR IN WHICH 56 MILLION SOLDIERS WERE KILLED IN ONE YEAR? How about a war in which 56 million civilian adults in one year? – 56 million children over the age of 5. This present generation apparently is not unhappy killing 56 million BABIES, HELPLESS, DEFENSELESS, IN ONE YEAR. Abortion is the greatest massacre (Much greater than Auschwitz and Dachau together) assault on human, defenseless life in the history of the, dare I write, HUMAN family. This is the disgrace of history and the present Democratic party is promoting, encouraging and paying for it as we write. It is not an overstatement to say that abortion is not only the defining moral issue of our time, but it is the defining issue of all time. I am not claiming my genocide can beat up your genocide. But I am saying that the violence of the act, the helplessness of the victim, the corruption of the fundamental relationship of parent and child, the global support of the powerful, and the scale of lives claimed put us in GRIM REALITY. Mothers, fathers, medical schools, doctors, nurses, hospitals, anesthetists, grandparents, tax funds, governments, politicians, religion, God, those who get rid of the remains etc. etc. etc. are injured by the consequences of abortion. Those who don't stand for something will fall for anything.



FROM THE HIPPOCRATIC OATH: I will not minister a poison to anybody when asked to do so, nor will I suggest such a course. Similarly, I will not give to a woman a pessary to cause abortion. But I will keep pure and holy both my life and my art.



WOKE CULTURE: An insightful description by Archbishop Gomez of Los Angeles in a speech given in Portugal. "An elite leadership class has arisen in our countries that has little interest in religion and no real attachments to the nations they live in or to local traditions or cultures. This group, which is in charge of corporations, governments, universities, the media and in the cultural and professional establishments, wants to establish what we might call a global civilization. In fact, as

they see it, religion -especially Christianity- only gets in the way of the society they hope to build." God must be gone first for evil to win!! 2000 Polish priests were killed by the Nazi troops.

Recently a well-known secular, anti-Christian advocate, Naomi Wolf wrote a shocking article that said, "I don't think there is any explanation for how quickly things have reversed in our society other than **SUPERNATURAL POWER.**" Was Ms. Wolf writing about Satan? How else could things reversed so quickly from a culture that was at least friendly to a belief in God, the Ten Commandments, the church, the Synagogue, to a hostile power wanting to crush Christ, the Church, and Judaism?

When Pope Benedict resigned, he did an interview trying to identify the spiritual power at work in Western culture, He said, "One hundred years ago, everyone would have considered it absurd to speak of homosexual marriage. Today, one is being excommunicated by society if one opposes it. The same applies to abortion... Modern society is in the middle of formulating an anti-Christian creed, and if one doesn't recite it, is one opposes it, one is being punished with excommunication. The fear of this spiritual power of the ANTICHRIST needs the prayer of all Christians to resist it."



"If I love another person, I feel one with him or her, but with that person as they ARE, NOT as I need them to be as an object for my use. "IF LOVE IS AN ART, THEN IT REQUIRES KNOWLEDGE AND EFFORT." Fromm, "The art of Loving"

SPEAKING SOFTLY

An Indian mother kept telling her son that he was eating too much sugar and it was bad for this health. She couldn't get him to stop so she figured if she took him to see Ghandi and he told her son to stop eating so much sugar he would stop. Ghandi told him to come back in two weeks and the mother was quite disappointed. However, she brought her son back in two weeks and Ghandi told the boy to stop eating so much sugar, that it was bad for his health. The mother asked Ghandi, "Why didn't you tell him to stop when I brought him two weeks ago. Ghandi replied, "I couldn't tell him to stop because I was eating too much sugar and I had to first stop for two weeks so I had the right to tell your son to stop.

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