

Of Seeds and Flowers

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**IN 2023 MORE PEOPLE WILL DIE FROM
WORRY, ANXIETY AND FEAR THAN FROM CANCER.**

WHY DO WE RESIST HAPPINESS?

THIS IS WHY
WE HAVE LENT!

Most people deal with RESISTANCE their whole life. Resistance is that sluggish feeling of not wanting to do something that you REALLY KNOW IS GOOD FOR YOU. Resistance is the tendency to delay something you SHOULD BE DOING RIGHT NOW. The sad thing is that we tend to see these patterns in other people's lives but not in our own.

"Oh, my soul...be prepared for him who knows how to ask questions."

T. S. Eliot

Resistance wears a thousand masks. Laziness, procrastination, self-loathing, fear, doubt, instant gratification, over-eating, shopping, pride, escapism, self-deception, self-sabotage. Resistance is a slayer of dreams, OF HAPPINESS, OF TRUTHFUL LIVING. It is a WAR we all have to fight on a DAILY, HOUR BY HOUR BASIS.

God is happy. YOU are made in the image and likeness of this God. The question is: Why aren't **you** happy? Are **you** resisting happiness? - the person you are truly meant to BE. Are you resisting your very being? -your vocation as a created human being?

Matthew Kelly in his best-selling book "Resisting Happiness" writes, "Nothing on earth can satisfy your desire for happiness. We yearn for happiness because WE ARE CREATED FOR HAPPINESS." He further writes...

"The desire for God is written in the human heart because men and women are created by God for God; and God never ceases to draw people to Himself. Only in God will he find the truth and happiness he never stops searching for." This is the opening point in the first chapter of the Catholic Catechism of the Catholic Church. # 27. "You are my God; my happiness lies in you alone." Psalms. Is the psalmist, are the Scriptures wrong?

Everybody, EVERYBODY, (even our "I'm not very religious but spiritual" friends) has the radio equipment to access God but many people don't turn it ON!! -and they live half-lives, with God waiting for them to turn on the power! "I live, but am I alive?" The amazing creation by God of each person makes YOU and ME His absolute FAVORITE PERSON in the world. He does not run out of love or attention for us, EVER!!

What does this mean for YOU, YOUR SPOUSE, YOUR CHILDREN, THE PERSON NEXT TO YOU, THE PEOPLE YOU WORK WITH ETC. This desire for God cannot be erased. TRUE HAPPINESS CAN BE FOUND ONLY IF YOU GIVE IN TO IT. -LIKE BREATHING in your physical life!!

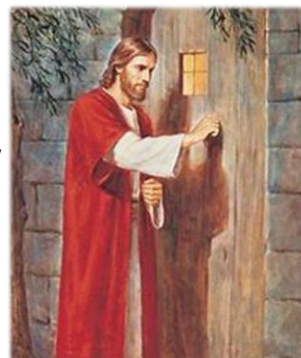
Have you ever experienced yourself as the JOY OF GOD? Have you ever let Jesus establish in your heart who you are in the LIGHT OF HIS LOVE? -and not in the light of

your fear or guilt or feelings of unworthiness? Simply and truthfully put: God created you! YOU are his favorite person! And He loves You right now!!

IT IS TRUE!!!! YOU are meant for happiness, NOW! The Gospel says that God loves us as we are-that while we were still sinners Christ died for us. -FOR YOU!! Don't sabotage your own happiness. Let go! Let God!

How lucky we are to have Lent, a special season, each year to RESIST RESISTANCE.

The artist, Holman Hunt, painted the famous picture of Jesus knocking at a garden door. When he finished his painting, Hunt invited his fellow artists to critique his work. His fellow artists were loud in praise of his work. However, toward the end of the gathering, one of the artists said, "Holman, it is indeed a classic piece of work, but you forgot one thing, you forgot to put a doorknob on the door."

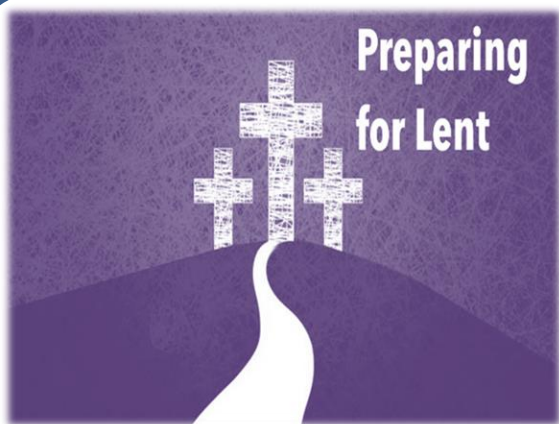


Hunt replied, "No, I didn't forget, because you see that is the door of the human heart and it can be opened only from within". Let go. Let God!

“Earth's crammed with
heaven and every common
bush afire with God, but
only he who sees takes off
his shoes. The rest sit
around it and pluck
black berries. ”

Elizabeth Barrett Browning

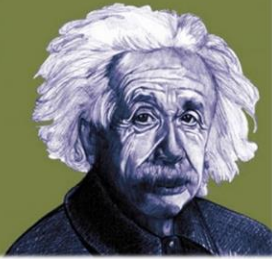
Two roads diverged in the middle of my life,
I heard a wise man say
I took the road less traveled by
And that's made the difference every night and every day
—Larry Norman (with apologies to Robert Frost)



- For Lent, watch the first two seasons of *CHOSEN* on PRIME. SUPERIOR!!
- Good Lenten reading, books by Matthew Kelly: “*Resisting Happiness*”, “*Life is Messy*”, “*Holy Moments*” – life and heart touchers and easy reading. Treat your spirit! Bible, St. John, Chapter 12 to the end. If you don't read, the Bible, spiritual books, you and your prayer life will die!
- Cindy, my wife, has just finished the Bible in 365 days, listening to Fr, Mike Schmitz read on Ascension Press, and she is now doing The Catholic Catechism, with commentary, in one year with Fr, Schmitz. Kudos to Cindy!

Politics, economics, and technology will always fail to address our greatest challenges, because they exist on a lower plane of material consciousness where the problems themselves were created. The Solutions we desperately need can only be found on the higher SPIRITUAL PLANE OF CONSCIOUSNESS. We are desperately in need of God!

No problem can be solved from the same level of consciousness that created it.



**TO GET NATIONS BACK
ON THEIR FEET, WE MUST
FIRST GET DOWN ON
OUR KNEES**

BILLY GRAHAM



ONE CURE: Day 1 in the Surrender Novena given by Jesus Himself to Father Routolo: JESUS Himself speaking to US...? ***“Why do you confuse yourselves by worrying? Leave the care of your affairs to Me and everything will be peaceful. I say to you in truth that every act of true, blind, complete surrender to Me produces the **EFFECT YOU DESIRE AND RESOLVES ALL DIFFICULT SITUATIONS.** “ “O Jesus, I surrender myself to You, take care of everything! (10 times) HE DOES!!!***



**HELP
WANTED**

If you have any spare loving coin, we can use it to keep on going. We are in our 41st year! WE continue to do good things. Some we can share, others not. Mary's Field has put together bags of necessities(Tylenol, socks, gloves, life-savers, heating for hands and feet, \$10.00, marker, chap stick, protein bars)to share with the homeless and is preparing some gifts for Valentine's Day and Easter for 15 elderly brothers and sisters who have no one visiting or caring for them in a nearby nursing facility.



Mary's Field is now on YouTube. Short videos will be uploaded to help nourish your heart and strengthen your spirit during these difficult times. Type "YouTube Mary's Field" into the Bing.com search engine or "Mary's Field" into the Youtube.com search to find our channel. 300 podcasts in our library!



We are now putting up 'PODCAST SHORTS'- 60 SECONDS for people with time pressure etc..

INTERESTING POINT: People from India and the Philippines (about 1/2 of our viewers) like the longer podcasts

while the people from the U.S. the shorter. Why do you think that is? Perhaps, another reason for LENT?

Our podcasts have had 10k views this past month. Good stories, good spiritual teaching!!

A reply we received from one of our viewers in the Ukraine

"Father Pfeiffer, thank you so much for your desire to support much more people all around the world. I'm from Ukraine and we're struggling so much now... And your video helped me to feel peace, safety and to become much more sure that everything will be okay soon 🙏❤️💙🟡 God is with us 🙏🙏🙏 Thank you so much 🙏❤️💙🟡"



I hope you watched the Super Bowl because football seems to be the last place in our society where authority and rules matter. Hit the quarterback when he is down, and you are penalized; tackle a player when he is already out of bounds and it costs you and your team (society); twist a player's neck with his face mask and it is IMMEDIATELY punished. Outside the stadium everything and anything is acceptable. -lawless!

And be sure to watch the advertisements. I challenge you to be able to count to three before the image on the TV changes. Another symptom of anxiety and emotionally driven culture. -like Sesame Street for adults! It is difficult to find and follow God if His message is being drowned out by self-indulgence that numbs our minds and destroys our respect for authority.



As Will Rogers said:

"It is not so much the things you know that hurt you, as the things you know, that ain't so."

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